#1 Rated Omega-3 Products[†]

Based on customer satisfaction by ConsumerLab.com Survey





Carlson is honored to be a four-time winner of the #1 Rated Omega-3 Products Award.



†Ratings based on results of the 2022 ConsumerLab.com Survey of Supplement Users. More information at www.consumerlab.com/survey.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



At Carlson, we set the omega-3 standard from sea to store.











We source the highest quality, deep, cold-water fish using traditional, sustainable methods. Carlson liquid fish oils are bottled with a touch of antioxidants and are given a nitrogen flush to remove oxygen and to prevent oxidation. Our soft gels are encapsulated using the same high standards. Carlson omega-3 products are award-winning; third-party certified; and tested by an FDA registered laboratory for freshness, potency, and purity.





All Carlson omega-3s are plastic neutral. Look for the Reduced Plastic Impact seal on Carlson fish oils, and don't forget to recycle your bottle.





